ABA of Wisconsin, LLC

*Promoting **Positive** Behavior Change*

Applied Behavior Analysis- Beyond Table Time

Myths	Facts	ABA of WI Current Client Examples
1:1 therapist to child ratio conducted at tabletop se|	Goal is to acquire skills in natural learning environments	• Working with caretakers and guardians on feeding support for g-tube removal • Targeting meal preparation/cooking skills in kitchen setting with respite team • Learning to greet coworkers at volunteering site • Teaching students observational learning skills to learn through peer modeling
Exclusively used for kids with autism	Research supports effectiveness with all ages and a variety of populations	• Safety assessment and behavior reduction of an adult with Traumatic Brain Injury • Behavior reduction and community integration of an adolescent with Bipolar Disorder, Oppositional Defiant Disorder, and Attention Deficit Disorder • Training teachers/staff in classroom-wide behavior management strategies • Reinforcing group home staff for implementing behavior support plans with integrity
Requires time consuming & complex data collection systems	Many practical and efficient data collection procedures available	• Automated text reminder requesting how many times behavior occurred • Check box as a behavior happens that day set up to automatically create graph, tracking behavior across week/month • Mark occurrence of key behaviors on a calendar • Teaching clients to self-monitor and record data on their own behaviors
Utilizes artificial reinforcement	Goal is for all learners to respond to naturalistic reinforcers	• Social praise • Play (physical play, games, songs) • Restructure schedule so that preferred activities happen frequently and <u>after</u> less preferred activities or tasks
Teaches rote responses	Goal is to teach learners to identify situations which require different responses	• Self-monitoring data collection • Teaching multiple socially appropriate greetings ("Hey, what's up?" or "How's it going?") • Learning to ask "wh" questions to build a conversation • Applying steps of problem solving skill to discussions with parents to resolve barriers with completing a school project
Doesn't generalize	All skills being taught should be functional and widely used in natural life situations	• Treatment is implemented during swimming lessons • Treatment is implemented at summer camp • Treatment is implemented in the grocery story • Treatment (desensitization) implemented at medical appointments
Creates rigidity	Goal is to teach and reinforce flexible thinking	• Increasing tolerance for disruptions to schedule • Increasing waiting and compromising • Improving problem solving and executive functioning skills
Relies on punishment procedures	Emphasized reinforced-based interventions	• Extra access to preferred activities/items after a new skill is demonstrated • Teaching caregivers to increase positive reinforcement for good behavior • Treatment plans identify positive behaviors and build in systematic positive reinforcers for using the positive behaviors

Learn more at abaofwisconsin.org or by calling ABA of Wisconsin, LLC at 331-481-6477